

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
	1 Lunch: Lemon Dill Salmon, Scalloped Potatoes, Stewed Tomatoes, Cheesecake	2 Lunch: Rigatoni & Meatballs, Italian Vegetables, Dinner Roll, Cherry Pie	3 Lunch: Tomato Soup, Grilled Cheese, Prince Edward Veggies, Lemon Mousse	4 Lunch: Meatball Splash, Buttered Cauliflower, Peanut Butter Cookie	5 Lunch: Cheese Ravioli, Italian Green Beans, Ambrosia Salad	
	7 Lunch: Sloppy Joes, Potato Chips, Baked Beans, Apple Pie	8 Lunch: Chili & Crackers, Baked Potato, Peaches	9 Lunch: Orange Chicken, Fried Rice, Eggs Rolls, Muffin	10 Lunch: Baked Chicken, Mashed Sweet Potatoes, Dinner Roll, Peach Pie	11 Lunch: Spinach Lasagna, Green Beans, Fresh Baked Cookie	
	14 Lunch: Vegetarian Cheeseburger, Lettuce/Onion/Tomato, French Fries, Ice Cream	15 Lunch: Meatball Splash, Italian Green Beans, Blushing Pears	16 Lunch: Broccoli Cheddar Soup, Cheese Pizza, Oreo Pudding Dessert	17 Lunch: Glazed Chicken Breast, Mashed Potatoes, California Blend Vegetables, Angel Food Cake	18 Lunch: Baked Fish, Carrots, Scalloped Potatoes, Chocolate Croissant	
	21 Lunch: Chili Hot Dog, Baked Beans, Seasoned Fries, Fruit Cup	22 Lunch: Breaded Fish, Macaroni & Cheese, Stewed Tomatoes, Scone	23	24	25	26
	28	29	30	<h1>September 2025</h1> <h2>Adult Day Services at Heritage Manor</h2> 		