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	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday * *	* Saturday
	February 2025 Adult Day Services at Heritage Manor						Alternatives available upon request
	2	Sloppy Joes, Potato Chips, Baked Beans, Apple Pie	Meatball Splash, Italian Green Beans, Blushing Pears	Chili & Crackers, Baked Potato, Peaches	Broccoli Cheese Soup, Cheese Pizza, Banana Pudding	Baked Fish, Carrots, Scalloped Potatoes, Peach & Blueberry Yogurt Parfait	8
	9	Vegetarian Cheeseburger, French Fries, Ice Cream	Penne Pasta & 11 Meatballs, Italian Green Beans, Tropical Fruit	Soup, Grilled Cheese Sandwich, Tomato Slice, Brownie	Glazed Chicken Breast, Mashed Potatoes, California Blend Veggies, Angel Food Cake with Topping	Baked Fish, Baked Potato, Carrots, Chocolate Cake	15
	16	Chili Hot Dog, Baked Beans, Seasoned Fries, Fruit Cup	Breaded Fish, Macaroni & Cheese, Stewed Tomatoes, Scone	Tomato Soup, Grilled Cheese Sandwich, Prince Edward Veggies, Lemon Mousse	Meatball Splash, Buttered Cauliflower, Peanut Butter Cookie	Baked Fish, Pierogi w/ Onion, Italian Green Beans, Ambrosia Salad	22
	23	Cod, Scalloped ²⁴ Potatoes, Stewed Tomatoes, Tiramisu	Rigatoni & 25 Meatballs, Italian Veggies, Dinner Roll, Cherry Pie	Fish Franchise, Prince Edward Veggies, Macaroni & Cheese, Peanut Butter Mousse	Baked Chicken, Mashed Sweet Potatoes, Dinner Roll, Peach Pie	Vegetarian Lasagna, Green Beans, Fresh Baked Cookie	