

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<h1>January 2025</h1> <h2>Adult Day Services at Heritage Manor</h2>			HELLO 2025! CLOSED	10:00 Exercise 10:15 Manicures 12:30 Women who Rock! 1:00 Bingo	10:00 Exercise 10:15 Creative Hour 12:30 Trivia Crack! 1:00 Bingo			
			10:00 Exercise 10:30 Bible Study or Balloon Volley 12:30 Name the President 1:00 Bingo	10:00 Exercise 10:30 Cards & Movie 12:30 Bingo 1:30-Live Music with Todd Cutshaw	10:00 Exercise 10:15 Manicures 12:30 Winter Skin Treatment 1:00 Bingo Happy Birthday TERRY!!	10:00 Exercise 10:15 Creative Hour 12:30 Bocce 1:00 Bingo	10:00 Exercise 10:15 Client's Choice & Massages with Erica 12:30 Peculiar People 1:00 Bingo	
			10:00 Exercise 10:30 Bible Study or Board Games 12:30 Winter Olympics! 1:30 Bingo	10:00 Exercise 10:15 Creative Hour 12:30 Hangman 1:00 Bingo	10:00 Exercise 12:30 Hat Chat 1:00 Bingo *10:30-Bagels with Barb!	10:00 Exercise 10:30 Card Club 12:30 Finish the Phrase 1:00 Bingo	10:00 Exercise 10:15 Manicures 12:30 Winter Auction! 1:00 Bingo Happy Birthday LUCY! (19th)	
			10:00 Exercise 10:30 Bible Study or Word Game 12:30 Remembering MLK 1:00 Bingo	10:00 Exercise 10:15 Morning Movie & Popcorn 12:30 Manicures 1:00 Bingo	10:00 Exercise 10:15 Creative Hour 12:30 Name the Brand 1:00 Bingo Happy Birthday STEPH!! (25th)	10:00 Exercise 10:30 Bowling 12:30 Wheel of Fortune 1:00 Bingo	10:00 Exercise 10:30 Balloon Volley 12:30 Candle Challenge 1:00 Bingo	
			10:00 Exercise 10:30 Bible Study or Rumikub 12:30 Creative Hour 1:30 Bingo	10:00 Exercise 10:30 Card Club or Coloring 12:30 Coffee Chat 1:00 Bingo	10:00 Exercise 10:15 Manicures 12:30 Bingo 1:30-Live Music with Rachelle Joy Tupaj	10:00 Exercise 10:30 Current Events 12:30 A-Z 1:00 Bingo	10:00 Exercise 10:15 Hot Cocoa Bar & Trivia 12:30 Client Council 1:30 Bingo Happy Birthday JOYCE!!	



Happy Birthday!

TERRY F.-8TH
LUCY B.-19TH
STEPHANIE F.-25TH
JOYCE B.-31ST

National Bagel Day

National Bagel Day is celebrated on January 15th and honors the bagel, a Jewish food that originated in Poland in the 13th century.

History:
Bagels are a staple breakfast food and snack that have become a part of many cultures. The bagel's circular shape symbolizes completeness, making it a fitting choice for a meal that marks the end of Yom Kippur, a Jewish holiday

Announcements

Adult Day Services will be CLOSED the 1st

Lunch is served daily at 11:45am

***Blue denotes a Jewish Activity**
***Green denotes Birthdays**
***Red denotes Live Entertainment**