

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
--------	--------	---------	-----------	----------	--------	----------

February 2025

Adult Day Services at Heritage Manor



Announcements

Lunch is served daily at 11:45am

*Blue denotes a Jewish Activity
*Red denotes Entertainment
*Green denotes Birthday Party

Tu B'shvat

Tu B'Shvat is a festival that marks the beginning of spring and the emergence of new leaves on trees. It is also known as Jewish Arbor Day. In Israel, it is common to plant trees in memory of loved ones or friends

Happy Birthday!

Dorothy B.-1st
Jim S.-8th
Leona N.-21st
David G.-22nd

Birthday Party on the 14th!

						1					
2	10:00 Exercise 10:30 Bible Study or Feed the Birds 12:30 Black History Month: Movement 1:00 Bingo	3	10:00 Exercise 10:30 Manicures 12:30 The Day the Music Died 1:00 Bingo	4	10:00 Exercise 10:30 Creative Hour 12:30 Chinese New Year! 1:00 Bingo	5	10:00 Exercise 10:30 Reagan's History 12:30 Bubble Gum Contest 1:00 Bingo	6	10:00 Movie & Massages 12:30 Football Toss Challenge 1:00 Bingo FOOTBALL FRIDAY! Wear your favorite jersey	7	8
9	10:00 Exercise 10:30 Bible Study or Manicures 12:30 Weatherman Bloopers 1:00 Bingo	10	10:00 Exercise 10:30 Creative Hour 12:30 Trivia Crack! 1:00 Bingo	11	10:15- Tu B'Shvat with Barb 12:45-DOG SHOW!!	12	10:00 Exercise 10:30 Women Inventors 12:30 Boy Scout Games 1:00 Bingo	13	10:00 Exercise 10:30 Black History Month: Men 1:00 Bingo HAPPY BIRTHDAY FEBRUARY BABIES!!	14	15
16	10:00 Exercise 10:30 Bible Study or Board Games 1:00 Library Visits 1:30 Bingo	17	10:00 Exercise 10:30 Card Club 12:30 Chip Tasting 1:00 Bingo	18	10:00 Exercise 10:30 Mercy Health: Healthy Living 12:30 No Thumb Challenge 1:00 Bingo	19	10:00 Exercise 10:30 History of Marijuana 12:30 Spunky Old Broads 1:00 Bingo	20	10:00 Exercise 10:30 Creative Hour 12:30 Black History Month: Women 1:00 Bingo	21	22
23	10:00 Exercise 10:30 Bible Study or Bowling 12:30 In the News: True or False? 1:00 Bingo	24	10:00 Exercise 10:30 Movie and Cards 12:30 Current Events 1:00 Bingo	25	10:00 Exercise 10:30 Manicures 12:30 Black Lives Matter: Remembering the Victims 1:30 Bingo	26	10:00 Exercise 10:30 Creative Hour 12:30 Fat Thursday-Paczki! 1:00 Bingo	27	10:00 Exercise 10:30 Black History Month: Music 12:30 Client Council 1:00 Bingo	28	