



ADULT DAY SERVICES

AT HERITAGE MANOR



SENIOR LIVING
by Youngstown Area Jewish Federation

Our program keeps your loved one active and engaged, while providing you with peace of mind. Program staff help participants function at their best emotionally, physically, and intellectually, whether they need supervision or simply need socialization and a structured setting. Participants interact with a diverse group. Our facility includes on-site nursing, is wheelchair-accessible, and is Veterans Administration approved.



Who should use Adult Day Services?

Homebound adults in need of socialization

Adults who are not safe at home alone while a caregiver is at work or running errands

Adults whose caregiver is in need of respite
if you don't take care of yourself, you cannot help others

For more information contact Adult Day Services at Heritage Manor at 330.746.3250 ext. 579.



What We Offer

- A warm, inviting safe place to relax and be comfortable
- Trained aides to assist with client needs
- A certified activity coordinator that plans a calendar full of events and activities that fit the needs and interests of our clients
- A nurse to monitor health status and administer medications
- On-site access to physical, occupational, and speech therapies with a physician referral
- On-site access to a hair salon
- Transportation to and from our facility
- JFCS services, such as counseling, educational and social support groups, or outreach programs
- Shower assistance



A Typical Day

Clients arrive after 8:30 a.m. either by family or by utilizing our transportation services. A continental breakfast is provided, and clients have a chance to socialize, read the newspaper, play cards, or any activity they choose. A nutritious kosher meal is served right after a light exercise program. After lunch, clients may participate in Bingo or choose another activity. In the afternoon, an entertainer, a group project/activity, or an outing may be planned. Around 3:00 p.m., rides begin to arrive to deliver clients safely back home.





517 Gypsy Lane, Youngstown, OH 44504
330.746.1076 ext. 579 | yajf.org/seniorliving
Call today to schedule a tour!

Funding is available through the VA, Private Pay, and Direction Home Programs such as Passport, MyCare Ohio Waiver, Family Caregiver Support and Levy Funds.